Why Rheumatology at Emory?

The Emory University School of Medicine Rheumatology Fellowship Program provides trainees with tremendous clinical exposure across four distinct and unique hospital systems in Atlanta, GA. Our training sites include Emory University Hospital, The Emory Clinic, Emory University Hospital Midtown, Grady Memorial Hospital, and the Atlanta Veterans Affairs Medical Center (VAMC). During the Emory University Hospital and The Emory Clinic rotations, fellows rotate through a tertiary care referral center, where patients with complex pathologies are seen in both the inpatient and outpatient settings. The Emory Clinic is home to several disease-specific programs and clinics, including lupus clinic, vasculitis clinic, IgG4-related disease clinic, scleroderma clinic, and myositis clinic. Grady Memorial Hospital is the site of the fellows’ continuity clinic and the Grady Lupus Clinic. Grady is one of the busiest public hospitals in the country and allows the fellows to care for a largely under-served indigent population. Emory University Hospital Midtown is a leading, community based academic medical center. The VA is a teaching hospital that provides care to the third largest veteran population in the United States where the fellows are provided training in musculoskeletal ultrasound and procedures.

In addition to the extensive clinical exposure, the fellowship program also provides a comprehensive didactic series, as well as exposure to clinical, translational, epidemiological, and basic science research. The Emory rheumatology fellowship program has trained and successfully launched the careers of compassionate and skilled clinicians in both private and university academic practices.

Our Mission: Service, Innovation & Education

- **Service**: Rheumatologic care is a limited and precious resource. We help fellows develop & provide the skills needed to provide service to their patients, peers and their community.
- **Innovation**: Utilizing innovative thought and research to assess and address healthcare disparities to improve healthcare outcomes for our patients and communities.
- **Education**: In addition to training our fellows as rheumatologists, we give them the resources to become educators themselves.
The Emory Clinic/ Emory University Hospital:

During the EUH inpatient rotation, the fellow manages a busy and complex inpatient consult service. During these months, the fellows participate in lupus clinic on Mondays with the Division Director, Dr. Ignacio Sanz. Fellows also see patients in the vasculitis, myositis, sarcoid, IgG4 related disease clinics. The Emory Clinic rotation and the Emory University Hospital (EUH) inpatient rotations give the fellows the opportunity to rotate through a tertiary care referral center, where patients are seen in both the inpatient and outpatient settings under the supervision of Drs. Sanz, Waltuck, Tilikiasos, Tsagaris, John, Kaysen, Gandiga, Ayele, Brandt, Khosroshahi, and Law. Fellows spend four months in the outpatient setting at The Emory Clinic over a two year period. The full spectrum of rheumatic disease is seen including complicated and unusual cases that have been referred from physicians throughout the Southeast. Emphasis is placed on thorough evaluations and careful clinical follow up. Fellows become proficient in detailed history taking and physical examination with particular attention to the musculoskeletal system.

Grady Memorial Hospital:

Grady Memorial Hospital provides care to the under-served residents of Fulton and DeKalb counties as well as the residents of Metro Atlanta. All fellows have one full day of continuity clinic per week on Mondays, staffed by Drs. Gizinski, Wallis, Cassidy, and Brandt. Fellows also attend Grady lupus clinic on Tuesday mornings. The Lupus Clinic is run by the Grady Chief, Dr. Sam Lim, as well as Drs. Jennifer Brandt and Ayele. The Lupus Clinic was established in 2003. The Lupus Clinic uses a multidisciplinary approach of medical care, education, and support groups. The patients that come to the clinic not only receive the best treatment available for their disease but are also offered many opportunities to participate in translational research led by our world class team of researchers. Inpatient consultation rounds are conducted daily, supervised by the Program Director, Dr. Alison Gizinski as well as Drs. Sam Lim, Ayele, and Jennifer Brandt. There is a large Spanish-speaking population that is served by the Grady general rheumatology and lupus outpatient clinics. There are opportunities to interface frequently with Internal Medicine residents and to help further their rheumatology education. Ample time is allowed on this clinical rotation for independent study. Fellows are encouraged to participate in ongoing research studies of patients with rheumatic disease and lupus and to initiate their own clinical projects.

Emory University Hospital Midtown:

EUHM is located in the heart of vibrant Midtown Atlanta and is one of Emory’s major teaching hospitals. Fellows will care for a diverse patient population. EUHM is a community hospital (540 beds) staffed by both private physicians and full-time faculty of Emory University. EUHM provides primary and some tertiary care for a metropolitan population. During this rotation, fellows will attend Grady lupus clinic on Tuesdays.

Veterans Administration Medical Center:

The Atlanta VA Medical Center is the largest tertiary care VA Medical Center in the Southeast. Fellows have many unique training opportunities at the VA. Fellows on rotation at the VA Medical Center attend five half-day clinics per week. Fellows rotate through general rheumatology clinic, musculoskeletal ultrasound clinic, and injection clinic. Fellows develop proficiency in the evaluation and treatment of patients with a wide spectrum of rheumatologic diseases. Daily consult rounds and didactic sessions are held with Drs. Karen Atkinson, Aesha Iqbal, Jison Sim, Puja Saxena, and Madiha Ahmad. In addition to Rheumatology responsibilities, fellows spend one half day per week in musculoskeletal radiology.
Research Opportunities

Our Division Director, Ignacio Sanz, MD, is Mason I. Lowance Professor of Medicine and Pediatrics and serves as Director of The Lowance Center for Human Immunology at Emory University and the Children’s Health Care of Atlanta. He is also a Georgia Research Alliance Distinguished Scholar in Human Immunology.

Dr. Sanz’s research interest is in understanding how the immune system goes awry in autoimmune diseases and ends up attacking our own tissues rather than concentrating on fighting infections. His research concentrates on systemic lupus erythematosus, but he is also investigating other autoimmune diseases such as Sjogren’s syndrome, rheumatoid arthritis and type 1 diabetes. His work also has applications to the enhancement of vaccine responses and cancer immunotherapy.

For candidates further interested in research training and experience, we can provide an additional fully-funded training year. This OPTIONAL 3rd year is not currently ACGME accredited as it does not fall under the 2-year required training. This third year provides further insight into a career as a research-based physician-scientist.

GME Residency Tracks
To this end, the GME Office has/will develop residency tracks; these experiences will complement and not replace any aspect of residency training. These unique pathways will offer improvement in resident training outside the standard training program and will also benefit EUSOM and participating training sites by providing resident input in critical focus areas. Upon completion of a track, residents will be awarded a Certificate of Distinction from Emory University School of Medicine.

Tracks Offered:
- Ethics
- Global Health
- Healthcare Management
- Health Equity, Advocacy and Policy
- Medical Education
- Medical Innovation
- Quality Improvement & Patient Safety
- Simulation Track

Conferences:
A variety of conferences and seminars are offered throughout the year to enhance the fellow’s education, experience and growth as a physician.

Rheumatology Grand Rounds
Grand rounds are held every Wednesday morning and are attended by the entire division. Speakers include fellows and faculty members within the division, experts in other divisions and departments, and invited guest speakers. All fellows will present one grand rounds on the topics of their choice each year of their fellowship.

Case Conference
One fellow presents weekly. Fellows are encouraged to present diagnostic dilemmas and cases with particularly difficult management issues. Members of the division participate via a web-based platform.

Radiology Conference
Radiology conference is held monthly in collaboration with the Department of Radiology, Division of Musculoskeletal radiology at the VA, with Dr. John Payan along with Dr. Leslie Anne Cassidy. A core curriculum covers all aspects of radiology as they relate to musculoskeletal disease. Didactic sessions are presented by the radiology staff on plain radiography, computed tomography, magnetic resonance imaging, arthrography, and nuclear medicine. Radiographs of patients undergoing workups in our clinic are also presented for review.

Journal Club
Fellows participate by reviewing two articles in the recent rheumatologic literature as they pertain to care, management and pathogenesis of rheumatologic diseases.

Pathogenesis of Rheumatic Disease Series
Fellows participate in a longitudinal immunology series to reinforce their understanding of the immune system in relationship to the pathogenesis of the autoimmune disease and to further their understanding of current and potential therapeutic of these diseases.

Board Review
Board review sessions are designed to practice board review style sessions in order to practice for their board examinations.

Vacation Schedule Review
Fellows are entitled to three weeks of vacation a year that may be taken at any time during research or outpatient rotation months with approval from the program director and research mentor.

On Call Schedule
The call schedule is organized by the fellows and the PD. In general the fellows can expect to be on call every 6th weekend.

Fellow Wellness
The fellows can arrange one half day per month for wellness activities.
Current Fellows:

First Year Fellows:

Chris Kinter, MD
Mavi M. Rivera, MD
David Wang, MD

Second Year Fellows:

Fabian Rodriguez Quinonez, MD
David Waldburg, MD
Pawan KC, MD

Leadership

Alison Gizinski, MD, MS
Program Director
Assistant Professor of Medicine
Division of Rheumatology

Kelly Kaysen, MD,
Rheumatology Fellowship
Associate Program Director
Assistant Professor of Medicine

Ignacio Sanz, MD
Professor of Medicine and Pediatrics
Director of Rheumatology
Director, Lowance Center for Human Immunology

Key Teaching Faculty:

Karen Atkinson, MD; Assistant Professor of Medicine
Madiha Ahmad, MD, Assistant Professor of Medicine
Freyhiwot Ayele, MD; Assistant Professor of Medicine
Jennifer Brandt, MD, MPH; Assistant Professor of Medicine
Cristina Drenkard, MD, PhD; Professor Emeritus
Prateek Gandiga, MD; Associate Professor of Medicine
Alison Gizinski, MD, MS; Assistant Professor of Medicine
Suzana John, MD; Assistant Professor of Medicine
Ayesha Iqbal, MD; Assistant Professor of Medicine
Kelly Kaysen, MD; Assistant Professor of Medicine Arezou
Khosroshahi, MD; Associate Professor of Medicine
Karen Law, MD; Professor of Medicine, Internal Medicine
Program Director
S Sam Lim, MD, MPH; Professor of Medicine
Yoon Qui, MD, Assistant Professor of Medicine
Puja Saxena, MD; Assistant Professor of Medicine
Jison Sim, MD; Assistant Professor of Medicine
Athan Tiliakos, DO; Assistant Professor of Medicine Katina
Tsagaris, DO; Assistant Professor of Medicine Jonathan
Waltuck, MD; Associate Professor of Medicine Jessica
Williams, MD; Assistant Professor of Medicine

Contact Information:

Alison Gizinski, MD, MS
Program Director
agizins@emory.edu

Kelly Kaysen, MD
Associate Program Director
kelly.elyse.kaysen@emory.edu

Marcela Santamaria Long, MSCRA
Mgr, Programs & Research
tsantam@emory.eduedu