SAVE THE DATES

FACULTY DEVELOPMENT SEMINARS

Upcoming faculty development seminars, which will be held from 9:00-10:30a, **Zoom** link:

• Wednesday May 22, 2024 – Promotion: DEI Section of CV, Service Portfolio

WRITING GROUPS: UPCOMING

The Faculty Writing Group is the first Wednesday of every month from 8:00-9:00am. These meetings are on **Zoom**. This group is for faculty including adjunct faculty.

SPOTLIGHTS

FACULTY SPOTLIGHT: Jed Mangal, MD

Jed Mangal serves as Assistant Professor of Medicine in the Division of General Internal Medicine with a Secondary Appointment in Psychiatry, balancing clinical duties on the Medicine-Psychiatry Unit and the Internal Medicine Wards at Grady Memorial Hospital with teaching roles (he enjoys both UME and GME). He also contributes to several committees at Grady, including the Ethics Consultation Committee, Restraints Committee and Emory @ Grady Faculty Development Champions.

Jed's outside of Emory responsibilities extends to service in the US Army Reserve (his current attachment bridges tactical operations and mental health force protection) and roles as a volunteer medical expert witness for the Medical Justice Alliance and a volunteer physician reviewer for Physicians for Human Rights. He is also actively involved with the Association of Medicine and Psychiatry, serving on the Executive Council, and acting as liaison from Early Career Physicians to Resident-Fellow Members.

Jed places a high value on a fun and collaborative team atmosphere, where the enjoyment of working together is as important as the serious business of providing safe and effective patient care, especially where it leads to the vibrant exchange of ideas with others. At Emory there is joy in engaging with students and colleagues as we challenge each other's thinking and refine our ideas, which often leads to deeper understanding and more innovative solutions in both medicine and psychiatry.

Highlights of Jed's career trajectory includes transitioning from active-duty military service, where he held leadership roles in various administrative and clinical capacities, to academic medicine where he hopes to keep the same trajectory.

Jed's future aspirations are to further develop educational activities that demonstrate the applications of psychiatric and behavioral concepts in primary care settings, enhance understanding of metacognition in clinical reasoning and effectively apply social learning theories within our current educational environment. These goals aim to improve both the educational experiences of healthcare professionals and the care provided to patients.

Outside of work, Jed enjoys running 5Ks, often with his kids in a stroller (they don't win often...or ever), mixing and imbibing craft cocktails and playing golf badly—a great exercise in humility that approximates that needed clinical practice.

ADJUNCT FACULTY SPOTLIGHT: Kim Dobson-Callahan, MD

Kim Dobson-Callahan graduated from University at Buffalo School of Medicine, and then spent residency training in a combination of pediatrics, adult psychiatry and child psychiatry. After residency she spent much of her professional life working with displaced youth: children in

foster care, residential, detention settings or inpatient psychiatry faculty as a member of the same university.

Kim moved to Atlanta 10 years ago and started a private practice before joining Emory adjunct faculty in 2015. Here in Atlanta, she continues an almost exclusive child and adolescent psychiatry practice in various outpatient settings. Providing service at Georgia State University, Project Family of Georgia, Children's Healthcare of Atlanta, Newport Academy and Mindset Psychology.

As adjunct faculty for both Emory and Morehouse, Kim supervises child and adolescent psychiatry fellows at Georgia State University, provides didactic training and seminars in ethics. She has also been a member of the Emory adjunct faculty workgroup for the past three years. As adjunct faculty she endeavors to provide a calm clinical environment that encourages reflection and professional development in preparation for a well-rounded medical practice after training. Child psychiatrists often find themselves working in a variety of clinical settings. A confident grounding in what your profession is, and is not, will serve as a guide when the work inevitably becomes challenging and competing influences present themselves. Kim considers work with trainees a privilege and a constant source of inspiration for her own professional growth.

Something people may be surprised to know about Kim: she loves teaching mindfulness based stress reduction and incorporating mindfulness in clinical practice and teaching strategies.

STAFF SPOTLIGHT: Shaun Lewis

Shaun Lewis lead the Veteran Outreach Team for the Emory Healthcare Veterans program. The team is comprised of five Veteran Outreach Coordinators who hold over 70 years combined military experience. They use their military cultural competency to conduct nationwide outreach, focusing on Veteran service organizations, military installations, federal and state Veterans Affairs, healthcare providers and Veteran influencers. They also serve as liaisons between Veterans and clinical staff, lead weekend outings for our patients and assist in enhanced case management in order to take down barriers to care.

Outside of Emory, Shaun is an Engineer Officer in the Army Reserve, where he recently completed a 10-month deployment to Kuwait as a construction project manager. He has also volunteered as a Program Coordinator for Canine Cellmates since 2017, where he works with incarcerated men to help prepare them for life beyond bars.

Shaun enjoys working with a world-class team of professionals dedicated to serving Veterans in need. He enjoys meeting new people and building the Veteran community in the Atlanta metro area and beyond. He also enjoys a job making a difference in people's lives.

In Shaun's career trajectory, he has held a lot of roles, from soldier, to elementary school teacher, to outreach manager and the one constant has always been Service. He is passionate about doing work that matters, and helping individuals maximize their potential.

Looking to the future, Shaun wants to make the Emory Healthcare Veterans Program a widely recognized name in the Veteran and Military community. He also wants to shift the paradigm from viewing those who seek mental health treatment as weak, to viewing it as a tool to help Veterans achieve the lives they want to lead and strengthen the resiliency of active-duty service members so they can stay in the fight. He also wants to start a cooking YouTube channel.

Away from work, Shaun enjoys cooking and eating, winning contests in both categories. The most recent was the 2018 KARA SE USA Hansik Cooking Contest where he won first prize - a free, all-expenses-paid trip to South Korea.

TRAINEE SPOTLIGHT: Danny Mulligan, MA

Danny is an Emory School of Medicine pre-doctoral psychology intern working within the Grady Health System. Currently, he is on the Adult Rotation, providing services for the Nia Project, Crisis Intervention Service, Inpatient Psychiatric Service and Integrated Behavioral Health Service. On Nia, Danny provides group psychotherapy and supportive services for clients experiencing suicidality and/or a history of intimate partner violence. On the Crisis Intervention and Inpatient units, Danny has been leading music therapy groups to promote stress reduction, adaptive emotion expression and a sense of community. In other roles, Danny provides assessments, individual therapy, and couple's therapy. He's also written blog posts on social justice topics for Psychology today as a member of the Atlanta Behavioral Health Advocates.

Outside of Emory, Danny is preparing to defend his dissertation and graduate from Wayne State University's Clinical Psychology PhD program. He is interested in applying social theory to research on the social determinants of health in order to understand how various forms of social inequality in America produce physical and mental health problems and disparities. His dissertation critiques the concept of socioeconomic status and seeks to gather evidence of construct validity for separate measures of neo-Marxist social class, multi-dimensional social status and economic assets as predictors of health and well-being in a representative sample of prime working age U.S. adults.

Danny most enjoys providing psychotherapy for people experiencing trauma-related distress. He especially values the process of cultivating a therapeutic alliance and holding relationship that allows patients to express emotions, ideas and parts of themselves that have been disavowed through adverse experiences and recurring invalidating relationships and/or environments. He believes it is a privilege to witness the existential courage of the human spirit voluntarily moving through suffering in order to heal, grow, reintegrate disavowed parts of the self and move towards psychic wholeness and a more meaningful life.

Some of the key external achievements that have been highlights in Danny's career thus far have been publishing his first journal article, receiving the WSU Social Determinants of Health Research Stimulus award and being matched at Emory's doctoral internship. The more important highlights, which have made the stress and long hours worth it, have been witnessing clients transforming their lives for the better and special moments of connection with cohort mates, clients and supervisors.

In August, Danny will begin a postdoctoral fellowship at UConn Health in the Family Adversity and Resilience Research Program. He's excited to churn out manuscripts, help manage research studies and provide therapy in the Fathers for Change program, which takes a restorative, attachment-based and intergenerational trauma-informed approach to reducing male perpetration of intimate partner violence and child maltreatment. Eventually, he hopes to do research, teaching, therapy, writing for the public and activism in service of community-led movements for the emancipation of human and non-human animals from suffering and domination.

Danny's greatest passion outside the workplace is music, whether playing, writing or listening to music. Currently, he likes to relax by improvising on guitar and piano and practicing cover songs for an open mic set. He also enjoys hiking and hanging out at Bantam Pub with his cohort of

Emory psychology interns. With his partner, he likes to go on long walks, check out new restaurants, read, watch Netflix and play with their two princely cats, Gremi Amadeus and Octavius Booky.

PROGRAM SPOTLIGHT: Mental Health Intensive Case Management and Psychosocial Rehabilitation and Recovery Center Program

The Atlanta VA Health Care System provides high-intensity mental health care for Veterans with severe mental illness (SMI), such as bipolar disorders or psychotic disorders. Two programs that focus specifically on the needs of this vulnerable patient population are Psychosocial Rehabilitation and Recovery Center (PRRC) and Mental Health Intensive Case Management (MHICM). PRRC is an intensive outpatient program designed to support Veterans' recovery and integration into meaningful, self-determined roles in the community. Based on an Assertive Community Treatment model, MHICM serves Veterans with SMI who are high utilizers of inpatient psychiatric care and who need active case management to maintain stability in the community.

These programs are mandated by VHA Directives based on the number of Veterans served with SMI as determined by the National Psychosis Registry. Compared to other VA health care systems nationwide, Atlanta has one of the highest numbers of established patients with SMI, representing a large target population who could benefit from the services provided by MHICM and PRRC. These programs are built on the principles of recovery-oriented care, specifically the importance of person-centered planning, self-direction, peer support and services that recognize the non-linear nature of living with SMI.

Although Veterans with SMI are served throughout the continuum of inpatient, outpatient and residential services at the Atlanta VA, MHICM and PRRC are unique in their focus on community integration as a tenet of recovery-oriented care. These programs aim to provide services for Veterans within their communities and in ways that help them to develop skills to maximize their functioning, establish or strengthen natural supports and hopefully reduce periods of symptom exacerbation.

Interdisciplinary treatment teams work with relatively small caseloads to help Veterans meet their self-identified goals for recovery. MHICM treatment teams consist of Psychiatrists and Psychiatric Nurse Practitioners, Social Workers, Registered Nurses and Certified Peer Specialists. PRRC treatment teams consist of Social Workers, Occupational Therapists, Recreation Therapists and Certified Peer Specialists. Both teams have Program Support Assistants who are responsible for many of the administrative functions that keep these teams running smoothly.

Given the nature of the population served, the vast majority of MHICM and PRRC patients are treated by Psychiatrists, many of whom are on faculty with Emory. The programs also provide bridge services for Veterans while they are on the inpatient psychiatry unit to facilitate care continuity, which allows for care coordination with Emory faculty and residents. These programs would welcome opportunities to provide more information to colleagues and explore opportunities for collaboration.

Because of the emphasis on providing care to Veterans that supports their community integration, these programs do not operate solely within the physical locations of the VA. Although program staff are stationed at several VA clinics throughout the Atlanta metropolitan area, employees of MHICM and PRRC also provide services in the community. For instance, PRRC regularly takes Veterans on recreational outings, sponsors Veterans' participation in the artistic and athletic competitions and has local artists provide lessons for Veterans. MHICM staff also serve Veterans in the community, including frequent home visits and other contacts to provide services that can be intensified as needed to support Veterans' stability without use of inpatient hospitalizations.

Monique Hunter, PhD, ABPP, is the Section Chief of Mental Health Rehabilitation Programs at the Atlanta VA Health Care System, which includes MHICM, PRRC and other programs serving Veterans with significant psychosocial needs. She can be reached via <u>email</u>. April Shavkin, LCSW, is Program Director for MHICM, and Gerrilyn Levy, LCSW, is Program Director for PRRC.

NEW FACULTY

Dimy Fluyau, MD – Dimy Fluyau's medical journey began at the State University of Haiti, where he earned his medical degree. Since then, he has completed residencies in Internal Medicine at the State University of Haiti Hospital and in Psychiatry at Harlem Hospital Medical Center, affiliated with Columbia University. He is now board-certified in both Psychiatry and Addiction Medicine, and his expertise lies in addiction and psychopathology. Dimy's work has been published on various evidence-based topics, where he has used Bayesian and frequentist metaanalytic techniques in substance use disorders with psychiatric comorbidities. He has also delivered several conference presentations on substance use disorders with psychiatric comorbidities, both nationally and internationally. He is a member of several professional organizations, including the American Academy of Addiction Psychiatry, American Psychiatric Association, World Psychiatric Association and American Medical Association. His fluency in Spanish, Creole and French has also been an asset in his work. In Dimy's free time, he enjoys playing sports, traveling, undertaking DIY projects, spending quality time with his family and participating in church and community activities. In 2016, he joined Emory University, and though he briefly left to serve as the Addiction Fellowship program director and run the Addiction Medicine consultation services at the University of Florida where he received a letter of commendation for being an excellent role model and educator for medical students and residents, he has now returned to Emory. Dimy aims to continue providing psychiatric and substance use disorder treatments to patients from diverse backgrounds in the Psychiatric Emergency Service at Grady Memorial Hospital. Furthermore, he is enthusiastic about teaching and mentoring Emory and Morehouse medical students, physician assistants, nurse practitioners and psychiatric residents. With his expertise, experience and dedication, Dimy is confident through Emory University, he can impact his patients' lives and assist in training the next generation of mental health providers.

WELLNESS COMMITTEE

Wellness Resources:

Healthy Emory is bringing back the <u>Eat Smart, Move More, Weigh Less</u> program in September.

Challenges with Healthy Emory are ongoing - the Sharecare app is the platform and incentive dollars are available!

Operation Eat Right encourages you to improve your nutrition and boost your well-being using Healthy Emory Connect!

Resources from Healthy Emory and a link below to the ACPH.

- <u>Benefits</u>
- <u>Rewards</u>
- <u>Career</u>
- Learning
- Wellness
- Work Life
- Employee Assistance
- Employee Assistance Physician Wellbeing Conference

Healthy Emory resources including the Sharecare platform for Move More, Refresh from Stress and more! Open to University and Healthcare Employees <u>Healthy Emory Connect | Emory</u> University | Atlanta GA

Wellbeing and mental health support for Emory University Employees <u>Faculty Staff</u> <u>Assistance Program</u> and for <u>Emory Healthcare Employees</u> username EHC (800 327 2251)

Graduate Medical Education Well-being Resident Well Being | Emory School of Medicine

International Conference on Physician Health (alternates years with American Conference) International Conference on Physician Health™ | American Medical Association (ama-assn.org)

Dr. Lorna Breen Heroes Foundation | Dedicated to Protecting the Well-Being of Physicians and Health Care Professionals (drlornabreen.org) Office of Well- Being established for Woodruff Health Sciences Emory's Woodruff Health Sciences Center establishes Office of Well-Being | Emory University | Atlanta GA

FACULTY KUDOS

Major Leadership Appointments, Activities and Achievements

Andrew Miller and Barbara Rothbaum were named to the <u>American Association for the</u> <u>Advancement of Science (AAAS) as 2023 Fellows</u>. They are part of the largest class of Emory faculty (10) to ever receive the prestigious lifetime honor.

Monique Hunter was elected Secretary of the Georgia Psychological Association.

Abby Lott received a \$6 million 5-year award from Patient Centered Outcomes Research Institute to conduct the study: Comparing two screening approaches for PTSD in pregnant Black women. This is a collaboration with the Rollins School of Public Health (Dr. Briana Woods-Jaeger - Co-PI, Doug Livingston - Co-I) and Department of Gynecology and Obstetrics (Dr. Meg Lawley - Co-I). The award starts July 1, 2024. Meghan Patel was elected President Elect of the Georgia Psychological Association.

<u>Research</u>

Erica Duncan received an Intent to Fund notification from the Department of Defense for her five-site clinical trial titled: "A Prospective Randomized Study of a Novel EEG Neurofeedback System for the Treatment of PTSD Using Machine Learning-Based Amygdala Biomarkers." This is a randomized sham-controlled clinical trial of training with a novel EEG neurofeedback system that targets a proxy EEG marker of amygdala activation for the treatment of PTSD. This is a \$4 million six-site study with a planned start date of Oct 1, 2024.

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Honors, Awards, Rankings

Krystal Frieson Bonaparte received the Georgia Psychological Association Rookie Award.

Adriana Hermida is the 2024 recipient of the Provost's Distinguished Teaching Award for Excellence in Graduate and Professional Education for the School of Medicine.

Nadine Kaslow received the Georgia Psychological Foundation Excellence in Service Award.

Abby Lott is being awarded a PCORI grant that will be a multisite trial to compare PTSD screening approaches to improve health outcomes in pregnant Black women.

Presentations

The following individuals presented continuing education workshops at the Georgia Psychological Association Annual Conference:

- Yilang Tang, Kandi Schmdit, and Beth Hammons Navigating the Evolving Landscape of Cannabis Use and Medical Cannabis Use
- Nadine Kaslow and Rachel Ammirati (Panelists) Ethical Hot topics in Psychology Education and Training
- Monique Hunter and Meghna Patel The Crossroads of Intersectionality and Infertility
- Allison LoPilato and Rebecca Schneider Creative Collaborations: Technology X Therapy
- Nadine Kaslow Suicide Assessment, Prevention, Intervention, and Postvention with Individuals and Families
- Tomina Schwenke (Panelist) What's Shame Got to Do With It? Case Study Examination in Ethical Decision-Making
- Allison LoPilato A Fine Line: Balancing Safety and Harm in Youth Suicide Risk Management

Rebecca Schneider, Jordan Cattie and Jensi Gise presented a talk at the International OCD Foundation's Faith and OCD Conference titled "For Kids and Parents: Talking about Faith and OCD with Kids."

Goodman G. (2024, March). Stephen Ministry: Carrying each other's burdens. Paper presented at the Christian Association for Psychological Studies, Atlanta, GA.

Goodman, G. (2024, May). Stephen Ministry: A single case study of spiritual care. Paper to be presented at the Association for Christian Pastoral Education (ACPE), Pittsburgh, PA.

Yilang Tang and Elizabeth McCord made a joint grand rounds presentation at Emory University's Department of Anesthesiology. The topic was "Cannabis Use in Medicine."

Justine Welsh was a speaker at the National Institute on Alcohol Abuse and Alcoholism's Reducing Alcohol-Associated Liver Disease Burden through Early Screening and Management in the General Population Workshop, "Integration of Care Delivery Focus on Special Populations: Women and Racial/Ethnic Minoritized Populations."

Community

Jessica Maples-Keller was an invited panelist talking about music within psychedelic therapy as part of the "Music and the Mind," a partnership with Atlanta Symphony Orchestra and world-renowned soprano and five-time Grammy winner Renee Fleming and moderated by Sanjay Gupta, an international series of events across over 50 cities focused on "using music to better understand the complex functioning of the brain."

<u>Media</u>

Negar Fani (1) Everyday Health – <u>Racial Discrimination in Midlife Linked to Biomarkers of</u> <u>Alzheimer's Disease</u> (2) Transmitter – <u>NIH Seeks Input on How Structural Racism Affects</u> <u>Brain Research, Health</u>

Larry Young (1) Emory – <u>Emory Neuroscientist Larry Young Dedicated His Career to</u> <u>Understanding Complex Social Behaviors</u> (2) The Transmitter – <u>Larry Young Built Bridges</u> with His Social Neuroscience Research

Education

Andrew Sherrill, David Thylur and Stephanie Haft presented a psychology continuing education workshop entitled "*Mobile Health Apps in Telepsychology: Innovation and Implementation.*"

ADJUNCT FACULTY KUDOS

Noëlle Santorelli (1) Parade – <u>13 Red Flags of Gaslighting at Work and How to Respond</u>, <u>According to Psychologists</u>

Jennifer Steiner assumed the role of President of the Georgia Psychological Association.

Beverly Stoute presented at the Michigan Psychoanalytic Society's 47th annual symposium with a presentation titled "*The Rage-Out Rage Paradigm: How Culture Seeps its Way into Our Minds.*"

TRAINEE KUDOS

Danielle Currin presented "The impact of variability in anhedonia on risk-taking and working memory in adolescents" about an online study that she conducted as part of her dissertation that investigated relationships between anhedonia and different types of cognition (affective and non-affective) in an adolescent sample taken from across the US.

Desireé Frain was the Georgia Psychological Association Annual Meeting Program Committee Chair.